

## The Truth about Life

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### Introduction

The truth, the real truth about life, is very important, because without it life is not possible. We are living beings and we need to know what is life and how to increase life, otherwise our “batteries” will run down. We are threatened by nuclear weapons, AIDS, cancer, heart disease, dementia, and now Lyme, pollution and stress on all sides. We also need to know how to properly heal disease, for otherwise we will collapse under the burden of it. The real truth is our anchor. It is something to hold onto through the storms of life. Without it life is not possible in the long term. Jesus said “The truth shall set ye free”. So what is the truth?

In the 1950s when I was a boy, the Arms Race was at its height and the risk of nuclear war between the US and the USSR was very real. It affected me deeply. I recall thinking that God had not created the Universe so that humanity had to self-destruct in a nuclear holocaust. It was not God who was misguided, but humanity. We had focused too much on the negative, destructive side of nature. I decided to study physics to find the corresponding good side of nature, which I was convinced God had put there. So I studied hard, got to Oxford, got my bachelors in physics and my PhD in experimental particle physics, and I became an expert in artificial intelligence along the way. I then made a career at the Universities of Bologna in Italy and Virginia in the US, at CERN (near Geneva where the Large Hadron Collider is) and Los Alamos. But for twenty years I did not find what I was looking for. Eventually I realised it was the healing power of nature, and so I started to heal myself, having been ill for much of my life (chronic non-infectious disease). This essay is about the physics of the healing power of nature and how I have applied it to develop my own system of quantum physic.

### Is Science the Truth?

We live in an age when science and technology are transcendent. We are awash with information from the internet and media, *yet information is not the truth*. Science claims that science is the truth. In fact Galileo claimed that it was the absolute truth. Then in the 1920s, physicists began to discover that it was not the absolute truth. They found that motion is relative and absolute space and time do not exist. In another area of physics called quantum mechanics (which is the mechanics of atoms), they found there were limits to knowledge. There is a famous principle called the Heisenberg Uncertainty principle, which prevents one making very precise measurements of the motion and position of an atomic particle at the same time. As you make more precise measurements of one, the other gets less precise and vice versa! So science is not the absolute truth.

Finally they found that you cannot formulate the theories of physics without including the observer. In relativity the motion of the observer changes the lengths of objects and time. In quantum mechanics, the observer seems to cause atomic events (ie the collapse of the wave function). Many physicists thought that this was the physics of mind-over-matter. Furthermore, matter can bend space-time and can be converted into energy and vice versa. Suddenly the Universe became a lot more peculiar, and there was the introduction of a subjective element, the observer. There had already been a subjective element introduced into physics, namely entropy or randomness. But the introduction of the observer started a deep philosophical debate between Neils Bohr and Einstein, which continues to this day. It was almost like bringing metaphysics into physics. In fact some physicists argued that the abstraction behind the observer was consciousness, which now had to be included into physics. Yet none of this affected medicine, which continued to be based upon dead lifeless chemicals.

Let us go back to the beginning of Western knowledge, to the Ancient Greeks. Aristotle said “There is physics and metaphysics. Physics is based upon proven fact and is

not the truth. Metaphysics is the real truth but it cannot be proven.” Galileo proved that some of Aristotle's ideas were wrong, and so physicists have dismissed him as a crank. *In fact, they have never proven him wrong on the above point.*

At the heart of this issue is that physics is based upon assumptions, one of which is that facts are the truth. Are facts really the truth or do they mislead us? What are the other assumptions behind physics? This is a very interesting question, *because if physics is based upon assumptions, then it is no more really the truth than religion*, which Galileo attacked from the start, because he said he wanted the facts.

## **Religion and Science**

The two most powerful forces in Western Civilization for the last 2000 years have been Christianity and science. Yet they could not be more different. Religion teaches about God, love, spirit, and moral behaviour. According to Christianity, God creates everything in heaven and earth. Science denies the existence of spirit, ignores God, and focuses on material facts and the laws of nature.

From the beginning, science has attacked the Church and religion, denied the existence of spirit, focused purely on matter and force fields (eg gravity), and explained everything in terms of lifeless mechanical processes. There is one problem with this. Living organisms grow, and whilst they grow they maintain their form and function. As a child grows he or she changes, but one can recognise him or her at different ages. Despite mankind having made millions of machines, I know of none which grows in size and maintains its form and functions (excluding balloons which are not machines but expanding containers). *Growth is a mechanical process and so this implies that there is another type of living mechanics in living organisms which science does not know about.* Let us start therefore with physics, and we will come back to religion, metaphysics and medicine.

## **The Assumptions behind Physics**

Physicists always claim that physics is based upon mathematics confirmed by experiment and that it is the real truth. It is the “queen of sciences”. It may surprise you to learn that in fact it is based upon assumptions, which are normally not written down and *have not been properly tested*, unlike the rest of physics. Some of these are:

1. Physics is based upon pure reason. (Emotion is excluded.)
2. The Universe is a dead, lifeless, inert machine.
3. Life is not a fundamental principle of nature. Therefore life is excluded from fundamental physics research.
4. Randomness is a fundamental principle of nature and the Universe consists of elementary particles of matter moving around in the void. (NB Einstein, Schrödinger and a few others disagreed.)
5. Living organisms are random collections of chemicals, which have evolved by chance on the earth's surface.
6. There is no life force or spirit.
7. Mathematics is the only form of abstract thought.

Historically, there is some justification for some of these assumptions. For example, when Galileo pointed his telescope at the moon and the planets, he saw that they were just bare lumps of rock, without any life, and concluded the Universe was lifeless, except on the earth. Then Newton published his theory of gravitation, in which the planets moved around the sun with clockwork precision. Therefore physicists concluded that the Universe is a dead, lifeless, inert machine. However, they did this without consulting the biologists of their day, who held a more organic approach with a life force coming from God. Physics became the dominant science, so at a stroke, life was removed from nature, and scientists have never reconsidered this decision.

The scientific method is also biased towards controlled experiment, away from direct

observation. In physics, the truth is when theory (calculation) and experiment agree. Furthermore, facts are external to the human brain and come from controlled experiments outside us (inside knowledge is unimportant). Facts which disagree with theory tend to be dismissed. Scientists claim otherwise, but nevertheless there is considerable bias in favour of existing theories. There is also a tendency to think that there is nothing important in nature which cannot be controlled.

The above assumptions are, in the main, not written down. They just go into the subconscious minds of physicists *who assume them to be true*. **They are never tested.** In fact one of the defects in physics, is that normally once things have been decided in the past, they become closed questions which are not re-investigated in the light of modern knowledge. In this sense, science has started to become a system of authority, like that of the Ancient Greeks.

### **Physics verses Life**

Whenever physics and science interact with life, there is disagreement. Science attacks religion. In agriculture the scientific and organic approaches are opposed. In medicine there are alternative and complementary approaches which are opposed to orthodox medicine. In ethics there is disagreement over cloning. And of course science destroys the environment.

Humanity faces a number of intractable problems: nuclear weapons; biological weapons; global warming; destruction of life in the oceans; pollution and destruction of the environment, which have a basis in science or technology. (NB Science was supposed to give us mastery over nature, but are AIDS, Lyme disease, global warming, radiation sickness and cancer, mastery over nature?) It is even threatening to destroy the biosphere. Wherever there is life, *science seems to be against it*. But then science denies that nature is alive. *Perhaps science is wrong about life and nature really is alive, if so this explains why science is in conflict with life on all fronts.*

### **Evidence that DNA is not Random**

There is evidence that randomness is not a fundamental principle of nature (so assumption 4 is wrong). If living organisms evolved by chance, then DNA should show signs of randomness. There is both theoretical and experimental evidence that DNA is not random.

There are calculations by well-known physicists which show that simple proteins and basic cells could not have evolved by random process within the known age of the Universe. Prigogine who is a Nobel prize winner, has shown that a simple protein of 100 amino acids could not have evolved by chance within the known age of the Universe. Hoyle and Wickramasinghe have calculated that a simple cell of 2000 proteins could not have evolved by random processes, *even if the whole Universe was filled with primaeval soup*. Mathematically, living organisms are far too complex to have arisen by chance within the known age of the Universe. The probability is so utterly small that it is completely impossible.

Richard Dawkins, in his book "Climbing Mount Improbable" claims that natural selection enables living organisms to get around this problem. However he does not define natural selection, nor provide a mathematical explanation of how it would overcome all the trillions of random mutations, and select the tiny number of right ones, and *then not mutate again*. The only way natural selection could do that is if it could foresee the future, and so jump straight to the right outcome. The problem is that implies the existence of spirit or a higher mind, and Dawkins has written a book entitled "The Blind Watchmaker" which asserts that the Universe is totally and utterly random. There is a logical inconsistency here between the two books. Either the processes behind living organisms are completely random, then the calculations are correct, or they are not random. Either way he is wrong.

The experimental evidence comes from Lima-de-Faria, a molecular geneticist at the

University of Lund, who has done a survey of 27,000 scientific papers on DNA to find evidence for order or disorder in the genetic code. He found evidence for order on all levels. The most impressive is that there are labels in DNA which specify the beginning and end of genes. These labels could be any random arrangement of the DNA code. Most of them are not. Most of them are mirror-symmetric patterns called double palindromes. A palindrome reads the same forwards and backwards eg “madam” or as Napoleon was supposed to have said “Able was I ere I saw Elba”. In the case of these labels, both strands of the DNA in the label contain a palindrome, and so are the same sequence whether read forwards or backwards. Lime-de-Faria concluded that these ordered patterns could not be explained by random processes and therefore they called for new physics.

We see that theoretically, living organisms could not have evolved by chance within the known age of the Universe, and experimentally, parts of their DNA which could be random, are in fact not random at all. According to the methods of physics, when theory and experiment agree, as they do here, then one has the real truth. *Therefore DNA is not random. Therefore it has not evolved by random processes.*

Furthermore, it is well-known in biochemistry that the chemical reactions in living organisms occur in a different way from those in a test tube. When chemical reactions take place in a test tube, they are random and produce many by-products. Thus each stage of the process normally requires purification before the end-product can be obtained. If these processes took place in cells, they would quickly clog up and die. However, they do not because the processes in cells are made to occur by enzymes which are like small robots assembling the required chemicals without any by-products. *Thus the chemical reactions in cells are also not random. This evidence that both DNA and biochemistry are not random suggests that the whole organism may not be random. Therefore there has to be a mechanism for creating order out of chaos. It is this mechanism which my healing system stimulates by providing the fuel it needs.*

It is interesting to note that someone has done a computer simulation of the growth of simple living organisms using fractal geometry (the geometry of living organisms) and randomness. Randomness was not required, except to allow for contingency where some external obstruction modified the growth. This confirms our conclusion that living organisms are not random.

Thus assumption 4 appears to be wrong. Living organisms appear not to be random. This may not be proof, but it is strong evidence that we should re-examine the basic assumptions about life.

### **The Living Universe Hypothesis**

The key question is whether the Universe is dead or alive. There are really two possibilities: either the Universe is dead and lifeless or it is alive. If the Universe is dead, then life is not a fundamental principle of nature, there is no life force or spirit, and living organisms are probably random arrangements of atoms which have arisen by chance. Alternatively, if the Universe is alive, then life is a fundamental principle of nature, and there have to be mechanisms to create living organisms in an orderly way, which could include a life force and/or spirit.

We have seen that there is evidence that living organisms cannot be random in origin. This calls into question the assumption that the Universe is dead and lifeless. Experts in science and reasoning will know that it is difficult to prove a negative. It is difficult to prove that the Universe is dead and that life is not a fundamental principle of nature. The correct approach in such situations is to make the opposite hypothesis, and then look for evidence for that. If there is no evidence, then the original negative assumption may be correct.

Therefore we make the assumption that the Universe is alive and life is a fundamental principle of nature and the look for the evidence. If we find evidence for this, then it would not change the facts of physics, but it might change their interpretation.

If the Universe is alive, then there must be signs of life in the Universe. Since living organisms are so complex, there must be mechanisms behind their creation. Let us look for some of these.

### **Sunlight and Nutrition**

A tiny number of physicists have been trying to understand why we eat food. In the 1930s, Schrödinger (a Nobel prize winner) wrote a small book *What is Life?* In it he noted that adults do not eat in order to get extra nitrogen atoms - we are fully grown and have all the atoms we need, sometimes more than enough. So why do we eat? He concluded that the real reason is to take in order (as opposed to randomness) which we need to maintain our inner state of order.

Prigogine, another Nobel prize winner, showed in the 1940s that a living organism can create order out of chaos, by taking in ordered patterns of matter (food) and excreting disorderly chemical wastes. He then spent much of his life trying to understand how living organisms create their inner states of order. *The problem is that living organisms are so very very highly ordered and no one knows how or why.* For example, there is 100 thousand trillion times more information per gram of living tissue than in any known computer technology. Yet the Universe we live in seems otherwise dominated by randomness. In fact there is an almost insurmountable law of physics, known as the second law of thermodynamics, that randomness always increases to the maximum. (It is common experience that everything rusts, decays, corrodes, is attacked by moth and the weather, wears out, mixes up, becomes chaotic.) *Yet this does not happen in healthy living organisms whilst they are alive.* Having showed that eating enables living organisms to get around the second law, he wanted to explain the mechanisms in more detail. In fact he won the Nobel prize for showing that certain types of chemical reaction create ordered patterns in living organisms.

Gamow, who invented the idea of the Big Bang, explained the role of sunlight in this. He wrote a paper with Brittin in the 1960s which shows that sunlight on the earth's surface pumps randomness out into outer space, contrary to the second law, so that order builds up on the earth's surface. They calculated that photosynthesis has an efficiency of 10% for capturing this order created by sunlight.

So we have this picture. Sunlight shining on the earth's surface creates order out of chaos. This order is absorbed by plants and converted into orderly biomolecules via photosynthesis. This is the beginning of the food chain. Living organisms then eat the plants for food, absorb the order in them and excrete randomness in the wastes, thereby maintaining their order.

### **Health and Disease**

The above theory leads to a simple theory of health and disease. Basically, healthy organisms are orderly, *disease is caused by randomness.* Now there is in fact scientific evidence for this because radiation causes randomness, when it interacts with matter. Therefore it causes randomness in the human body. Researchers have found that radiation causes 60 different types of disease (counting all types of cancer as one disease) from physical to mental and spiritual diseases. This suggests that a lot of (non-infectious) disease is caused by randomness. *So if randomness causes disease, then eating some food with the right kind of order in it should cure the disease.* This is the physics of herbal medicine. (Drugs bypass this process by forcing changes in the body which is metabolically different.)

When you are ill, you may go to see a herbalist who examines you to determine the patterns of your disease. He or she then prescribes a herb, or combination of herbs, not normally in your diet, which supply the required patterns and you get well. On the basis of this (and Schrödinger's theory), it seemed clear to me that there had to be a kind of abstract order behind the herb, which was the real reason for eating it. This is why I was drawn originally to homeopathic medicine (after studying nutrition), because the remedies, which

some describe as being highly diluted, *in fact may be interpreted as containing the patterns of the plant imprinted into water.*

After a lot of experimentation, I discovered that flower essences heal deeper more subtle levels of pain than homeopathic remedies. They are also made using the sun and so are closer to the way life is created. I therefore started to research these essences in earnest.

*My idea then and still is, to make i-remedies which contain the ordered patterns (vibrations) which replace and repair the chaos of disease.*

Now do you see the logic of this? We are starting to create a framework within which medicine should be practised, just as engineers have a framework from physics which helps them to design machines. Some doctors will tell you medicine should not have a theory, and just be based upon facts. However, it is almost impossible for the brain not to have a theory, and so doctors think that living organisms are random (the current theory), which is wrong, *because it is disease which is random, not life. So this “no theory” medicine confuses life and disease, order and chaos, which inevitably leads to bad practice.*

In order to repair living organisms (ie heal disease) we need to have a theory. When a bone is broken, the solution is fairly obvious, because this is a gross mechanical problem (like 19<sup>th</sup> century physics). But when the disease comes from more subtle levels, it is not so obvious how your body is working at atomic and sub-atomic levels, and how to repair faults there.

So far we have learnt that living organisms eat, and there is a kind of “fuel” within food (ie ordered patterns) which help living organisms repair disease and maintain healthy states.

### **Subatomic anatomy**

Your body is made of biochemicals such as proteins, which are made of carbon, nitrogen, oxygen and other atoms. These atoms are made of electrons around a nucleus. The nucleus consists of protons and neutrons, which in turn consist of quarks held together by gluons. *In other words, you have a subatomic anatomy which does not obey the laws of chemistry, but of elementary particle physics.* This is particularly important for the immune system and the way in which the life force comes into the body.

### **The Life Force**

A flower essence is made by placing a flower in pure water in a clean glass bowl and leaving it in sunlight for three or more hours. The flower is then removed, it is filtered and bottled, usually with brandy as a preservative. If it is stored away from strong light or heat, it will last for years, usually 10 or more years. This is very strange, because in physics, any pattern in the water should become randomized in a few minutes or hours at most. Something very peculiar is going on here. Maybe some chemical was dissolved from the flower. Testing shows not.

A mineral elixir is made in the same way, using a mineral instead of a flower, and normally it is not necessary to add any brandy because there are no organic contaminants from minerals. If you use a clean insoluble mineral, such as quartz, then nothing should be dissolved in the water. *Nevertheless, it's properties still last for 10 or more years.* One has to conclude that something non-chemical is going on in these elixirs, and this means that there is a force acting to preserve the patterns in the water molecules, because in physics force-fields are non-material.

When a baby is born, it already has its own personality. As the boy or girl grows up to adulthood, ages and dies, the body remains whole, provided it is healthy. It only starts to decay after death. *It seems that conscious life preserves the body.* The same chemicals are there after death because doctors learn anatomy from cadavers. *Therefore it is not the chemicals which create life, but the spirit. In physics, spirit is a force-field.*

As I worked with the essences of liquid consciousness and observed healing processes

in myself and on others, I began to realise that there had to be a life force or spirit, and presumably this was another force of nature. So I began to look for evidence for this in physics.

### **Consciousness**

There is a mathematical theorem in physics (due to von Neumann) that the process of observation is infinite. It is like a series of Russian dolls, one level of observation nested inside another, to infinity. Infinity is outside the Universe, so this takes us back to the Ultimate Observer outside the Universe who is necessary to break the infinite chain. Some physicists believe that this is God. The implication is that consciousness starts outside the Universe and penetrates into it. This helps to explain why science cannot measure nor understand consciousness, because it is the only extra-universal phenomenon within the Universe. It also help one to understand why the consciousness of the observer plays a role in creating atomic events. It comes from the Ultimate Observer outside the Universe who created the Universe. So consciousness is the creative force.

Of course many main-stream physicists do not like this, and are working on a theory that consciousness comes from matter, for example from microtubules in the brain. However, this mixes levels contradictorily, because it presupposes that consciousness can only come from a large-scale brain, and yet it affects atomic-scale processes. It would surely make much more sense if consciousness existed at atomic levels before conscious organisms were created. It also does not explain why putting a flower into water in sunlight for a few hours creates a flower essence which has the properties of a liquid state of consciousness. The fact that one can make a liquid state of consciousness in water, implies that consciousness is a physical phenomenon.

### **The New Physics**

There is evidence that the Universe is dual, having two halves - at the atomic and sub-atomic levels. Normal physics mainly studies only one half of the Universe. Evidence for this comes from the discovery of dark energy and dark matter in astronomy. You may have heard that when you look up at the night sky with even the most powerful telescope, the visible stars make up only 4% of the Universe. The other 96% consists of dark energy and dark matter, and nobody knows what these are. This is clear evidence that something important is missing from physics. I believe that it is the other half of the Universe, which is the physics of life. The new physics also predicts new forces and types of mechanics. There is a mechanics of stillness and a mechanics of ordered patterns.

Currently the whole of our civilization is focused on motion, on rushing around. All our machines are based upon forces and motion. But in Christianity you have prayer and contemplation. (Elijah said that God was not in the storm, but in the still, small voice within.) In Buddhism you have the calm mind, and meditation upon stillness. *The idea that there is a mechanics of stillness, is thus fascinating.*

There is also a mechanics of the creation of ordered patterns by regulating vibrations, and it is this process which is behind the creation of flower essences, crystalline minerals, plants and other living organisms.

### **The Bible**

The Bible talks of two trees, the tree of the knowledge of good and evil, and the tree of life. (Note that a tree is a hierarchy.) I believe that these are the two halves of the Universe, matter and spirit. Science by its current methods discovers and studies the hierarchy of matter and its forces, which lead to all kinds of applications, some helpful, others extremely harmful. The other half of the Universe is the tree of life, which is the hierarchy of spirit going back to God.

The Ancient Greeks had a philosophy of this from Plato, who taught that above the

head, there were different levels of spirit going back to the One, the Good, who was perfect and the Source of all. Plato said that these spiritual emanations from the One, each created the next level down and so on. The early Christians modified this philosophy slightly, by replacing “the One” by God. So that God was creating these spiritual emanations which came down to us and created us. *This led to the idea that the mind of God knew everything, and that if a human being was pure enough, we could receive some of this knowledge directly from God.* This philosophy was called “Christian Neoplatonism” and was the official philosophy of the Catholic Church from about 200 AD onwards. It was never officially replaced, although after about 1300 the teachings of Aristotle became more important and then science developed and people forgot about it. (I recently met a priest who had never heard of Christian Neoplatonism.)

So centuries ago the Christian Church knew quite a lot about holy spirit. It is also mentioned in the Bible that there are seven “churches” or “lamps” and that the tree of life has 12 levels (Book of Revelations). Since flower essences and mineral elixirs contain spirit, it was quite natural to experiment with healing with these energies. However, I began to run into a brick wall. I began to find that there were things, conditions, which I could not quite heal.

### **How to Cure Incurable Disease**

My own life has been dogged by illness, much of incurable. Quite early on I was thinking about this and ways to cure incurable disease, and I reasoned as follows. If the disease was a black blob of entropy (randomness), then I could in principle chip away a bit at a time, until it had all gone. God is infinite, but disease is finite. There are only so many things which can go wrong at the same time in the body. Therefore, if I could break the disease up into small pieces and treat these a little bit at a time, then eventually the disease would have completely gone. Knowing that the disease was randomness (entropy) gives the insight that it can flow from one part of the body to another. This means that as one cures one small part, the body might push the remaining entropy to other parts of the body, so that the symptom picture might change, but this would be a good sign of healing.

When I was working in elementary particle physics at CERN, I realised that nature gives signals. If you want to do an experiment to detect a certain type of particle, or a certain process, then you will get much better results if you can arrange to record the processes you are interested in and reject the others. Each subatomic process gives a different signal. So by detecting the signal of the process you want to measure, you would be able to trigger the apparatus to record it. *It is as if nature talks to you.* I reasoned that diseases must be the same. The symptoms they produce must be the signs that nature is using to show us the existence and nature of the disease. Therefore, if one could heal the symptoms produced by the disease, then gradually the disease would go away.

It is important to understand that I was using patterns of the life force in water to replace the randomness of each symptom with the appropriate healthy order. Nevertheless, this approach does violate one of the well-known principles of medicine that one should treat the disease, not the symptoms. So my system of healing evolved to include both methods. If the true nature of the disease is known, eg from scientific medicine, then I will work on treating that, until either the disease is cured, or it is not, in which case there is something orthodox medicine does not know about it. In the case of incurable diseases with no known cause, then my method of treating the symptoms can be made to work (but sometimes one requires special i-remedies, and usually combinations of i-remedies), because my i-remedies contain the essence of life itself.

### **Information Theory, Life and Healing**

Information is an ordered pattern (of bits). Randomness, disorder is the reverse. In physics and information theory, randomness is entropy and order (information) is “negative



entropy". So the flow of ordered patterns from sunlight into the food chain is a flow of (living) information.

Information is not a chemical. Information may be encoded into magnetic domains (on a disk) or into dimples in the plastic on a CDROM, but it is not these chemicals, but the pattern. So the pattern can be sent down a wire because it is not a chemical. So the above theory about sunlight shining on the earth's surface means that there is a non-chemical component of "living information" which is flowing through the food chain. It is this which I incorporate in my i-remedies.

Living organisms feed on information, pump information around (ingest order and excrete disorder). Furthermore, living organisms communicate and contain very high levels of order. Therefore it is reasonable to ask if living organisms are computers. They also have a hardware side (biochemicals) and a software side (consciousness and water) and can process data, so it is highly likely they are. However, the analogy is not perfect. In normal computers, the software runs on the hardware. In living organisms, the software plays a key role in organising the hardware (biomolecules). So faults in normal computer software cause the hardware to malfunction. But faults in the software of living organisms can not only cause changes in the functioning at spiritual, mental and emotional levels, but can also cause changes to the physical form by reorganising it incorrectly. These are the faults we call disease.

In the earliest days of computers, faults were corrected by rewiring the hardware with a soldering iron. Later engineers realised it was much more efficient to correct the faults in the software. Modern medicine is hung up at the hardware stage, correcting faults with the medical equivalent of a soldering iron (drugs and scalpels). I realised long ago that the intelligent way forwards was to correct the living software. My system of healing, quantum entropathy, is based upon these principles.

### **Quantum Physic**

The word "physic" comes from the Greek and means "knowledge of nature". It is the root word of physics and also is another word for medicine - hence physician and physic garden. The word "medicine" is derived from the Latin for "made in a factory". The Ancient Greeks believed that healing was a purification process, whilst the Romans tried to zap disease. This difference persists to this day, but is confused by the fact that the word medicine means both eliminating the disease and promoting health. This is not just about words. There is an important distinction here which is lost.

When you go into a supermarket you do not expect to find poisons like arsenic, cadmium or lead on the same shelf as spices such as rosemary, basil or thyme. In our normal life, we make a big distinction between poisons and foods *and keep them separate*. However, the medical system exploits the ambiguity in the meaning of the word medicine and claims that there is no distinction between highly toxic drugs, and healing methods which stimulate, promote and nurture life. The two approaches are metabolically different. Poisons poison and are anti-life, whilst foods promote life and health.

So I propose that the old word "physic" should be used for healing systems which promote health. When this is done at the energy level of bringing in new consciousness and new life, this is called "quantum physic". I am developing a system of quantum physic. My i-remedies do not attack disease - water cannot. But they promote life and health, so that eventually disease fades away.

### **Metaphysics**

I am not an expert in philosophy, but I read somewhere that there are basically three types of metaphysics:

M1 metaphysics is materialism. Ever since Galileo eliminated spirit and mind from physics, there had been only matter and force fields, described by mathematics (until

the 1920s). In this system of thought (of 19<sup>th</sup> century physics), matter is the basic stuff of the Universe, and the mind has evolved out of matter. However since relativity, matter is just a form of energy, and since quantum mechanics (1920s), matter is some of the time a wave. As a result, matter has lost its absolute, invincible place. Furthermore, the important role of the observer in relativity and quantum mechanics suggests that the mind is perhaps more important than matter.

M2 Dualism (matter plus mind) is where there are two basic kinds of stuff in the Universe, matter and mind-spirit, which are fundamentally different.

M3 Transcendental monism (mind giving rise to matter), where the ultimate stuff of the Universe is consciousness, and energy and matter arise from it.

Bohr and Einstein debated the metaphysics of quantum mechanics quietly behind the scenes, but could never agree. Bohr was convinced that the mind of the observer created the observed states. Einstein questioned this. He was equally convinced that the Universe out there was real, independent of human observation. He used to go around Princeton asking people “Do you seriously think the moon is not there when you do not look at it?” He had a point.

Since I was trying to heal incurable diseases, and even bring dead tissues back to life, using consciousness, I needed to know the real truth.

### Jesus and the Real Truth

There is a fourth type of metaphysics due to Jesus:

M4 God is love. Love is above the duality and balances matter (finite) and spirit (infinite). Love is who you are.

I walked into a book shop some years ago and a book practically leapt off the shelf into my hands. It was called *Love without end: Jesus speaks* by Glenda Green (Spiritis Publishing, Az). Now you may be surprised that Jesus might write a book, but I was not because I already had one by him *Divine Healing of Mind and Body* by MacDonald-Baynes (C.W. Daniel & Co, 1 Church Path, Saffron Walden, Essex, UK). Neither of these books were channelled. Jesus was present in both cases. In the latter book, he appeared before an audience in about 1948 and dictated the chapters in the book, one at a time over a number of sessions. In that book, which I had already read five times, he says that science is like a mathematical equation. *If a fault is found, it has to be corrected.* But it was *Love without end* which really helped my healing work.

Glenda Green is a portrait painter using oils, who lived in Texas and had studied religious art and taught at University. She had a dream that she would paint a portrait of Jesus. After a while her husband started to tease her “Say, Honey, when are you going to paint that portrait of Jesus.” Eventually she put her foot down. She said she would only paint it when he came and sat for it, like anybody else. In the early 90s, Jesus came every day to her studio (except Sundays) for three months. The book is a result of their conversations.

The key point which comes out of that book is that he says that *love is who you are*. Not spirit, not matter, but love. He explains that love came first and interacted with itself to produce spirit, which created space-time (I can sort of understand that from the physics). He said that then love interacted with spirit to create the adamantine particles, which are the source particles of matter (eg Higgs bosons or subquarks). He says that the adamantine particles are indivisible, and they are what the Ancient Greeks meant by “atoms”. He explains that the adamantine particles respond to love. If there is a dispute, then there are adamantine particles which are being fought over. *The person who loves the adamantine particles the most will draw them to him or her and win* (I have seen this happen, helped by some of my i-remedies). He explains that our current civilization of the mind will not last, because the real power is in love and spirit. He explains that only love is above the duality (of matter and spirit). Spirit is infinite, because it interconnects all things, and matter is

particulate and finite. He says that only love can balance matter and spirit.

When I first read this book, I could not take it all in. I started with the idea that we are love. This inspired me to make about 70 i-remedies for love, all aspects of love, love on all levels of spirit (yes it is possible), love on physical levels, spontaneous love, etc. You may wonder where I got the love from. In his other book *Divine Healing* Jesus says (Talk 1 verses 3-4):

“3. Love is the affinity in the minerals; Love is the essence in the flowers; Love is expressed in the animal nature. In man Love is expressed in affection, and, when fully realised, the whole being is filled with It and, every cell in the body becomes vitalised.

4. There is no other Power in the world but Love; It is the only true Power in Heaven and on earth, for It is eternal and everpresent everywhere. The outer will pass away, but Love shall forever be, for It is the Omnipresence of God.”

(I have quoted more than I have to because that last line always moves me.) So love is in the flowers and minerals, especially gems like ruby and emerald.

Having got this book out I started to read it again (I can't put it down) and found (Talk 5 verses 90-91):

“90. The more you know of me and my Father, the greater becomes your reverence for the exquisite wisdom and order in every created thing.

91. The very stones and rocks are marvels of His Creation; every drop of dew obeys His Law and fulfils His Eternal Purpose.”

*Note well his references to the exquisite order in stones, rocks and dew.* It is these principles I use to make my i-remedies. A flower essence is dew made in a bowl, so one does not have to collect it. It is interesting to note that Hildegard of Bingen, who was a Christian Abbess, used these methods a thousand years ago.

Two or three years later I was testing a new particularly powerful mineral elixir, and I could feel adamantine particles streaming into me. This started me making i-remedies for adamantine particles. Six months later I was in Thailand and I was visiting the children with the most terrible form of drug-resistant TB, and within a few minutes just talking I could feel the TB trying to steal my adamantine particles. *This was an eye-opener into the real nature of immune-suppression*, and triggered a long period of research into i-remedies for adamantine particles, love and spirit.

After years of experimentation, I developed i-remedies which incorporated love, all levels of spirit and adamantine particles in a balanced way. These i-remedies brought the Christ into my heart and He said he could heal all disease. I have now made about 200 of these “christenergy” i-remedies, and they do indeed have extraordinary healing powers.

## **Buddhism, Spirituality and Healing**

I know that not everybody is Christian. In fact many people are drawn to Buddhism. I do not want to offend Buddhists or other spiritual people by going on about these new teachings by Jesus. It is just that what he says appears to be true, as if the heart really is the middle way between matter and spirit. It fits in with the physics and even stimulates research into the theory of everything, and it has inspired me to develop some of my most powerful healing i-remedies and techniques.

700 years ago Christians used to know far more about spirit than they do now. With the abolition of the monasteries and the growth of science, all that has been forgotten and almost lost. Now suddenly there is a revival of interest in spirituality and spiritual healing in the general population, and people do not find a model for spiritual development in the Christian Churches, and so they turn to other things. As a result we live in a spiritual supermarket where anyone can choose any kind of Eastern or pagan system. Spiritual people even look down on Christians as clearly being deficient and behind the times.

Furthermore, science is seen as clearly being wrong metaphysically (and practically it is destroying the environment, etc), and so spiritual people are turning away from it too. So what am I doing basing a system of healing on science and Christianity? It is as if I fall between two stools. *But in fact it is based on living physics which incorporates life, and more advanced teachings by Jesus, who after all is the teacher of love.*

It is very interesting to hear what Jesus has to say about spirituality. He says that all the levels of spirit exist, and one can go back to God that way. *However, that is the long way back to God. The short way back is through the heart. He says that love is above the duality.*

Materialists think that we are made of matter and that spirit does not exist. (In fact Jesus says that the Unified Field is spirit.) Spiritual people think the reverse that we are really spirit, and matter is irrelevant. In the latest physics there are two hierarchies (of matter and spirit) going back to the Source. This is the duality. Jesus says that love is above this duality and balances the two hierarchies of matter and spirit. Somewhere he even implies that it is unfortunate that spiritual people put so much effort into the spiritual path, *when they could get much quicker results with the heart and love.*

He also says that when you go down the path of love, you draw key adamantine particles to you with your love. When you die they go with you, and are yours for ever. He said you can park them in a special place, perhaps near those of others you love, and then go anywhere in the Universe. When he wants to appear to Glenda Green or other human beings, he calls up his adamantine particles with love and his body starts to form again. The ideas of being able to park your adamantine particles and go anywhere in the Universe rather appealed to me.

But more importantly I was interested in healing, especially physical problems caused by spirit - chronic problems for which there is no known cause. Problems, for example of intense pain, when spirit seems to make war on the material body. I have found that my i-remedies for the "trinity" of love, spirit and adamantine particles (ie christenergy i-remedies) can indeed stimulate the healing of the most intractable conditions, (although other i-remedies may be needed as well). Seeing and feeling is believing. I am a practical person and it is nice to get practical results.

### **Pulse Testing**

There is a side to me which is very scientific and wants to check everything. When I entered this field, I realised that a system of testing was important. I tried various methods and then adopted a system of pulse testing developed by a French homeopath. The basic idea is to take the pulse of oneself or the patient, and detect changes associated with a i-remedy placed close to the body compared to further away. This method is not normally biased by the brain. When combined with making the i-remedies in particular ways, it can yield a large amount of subtle information. It enables one to detect subclinical disease states which scientific methods would not be sensitive too, and it can often do this quickly and easily. In effect, the life force is a scientific instrument when used correctly, which points the way to healing. Disease weakens the life force and healing strengthens it. It is as simple as that. As a result I can also use it to determine the healing properties of different plants and minerals. This opens up an alternative approach to controlled experiment, which I call context-sensitive research.

### **Quantum Entropathy**

I call my system of healing and testing "quantum entropathy" or QEP. The name refers to mind over matter healing (quantum) of disease caused by randomness (entropathy). The whole idea is to connect to the flow of love and spirit which comes from God, and the flow of order which comes from the sun, using the above principles.

So my i-remedies are made from the patterns (and spirits) of flowers, minerals and

crystals imprinted into water by sunlight. Almost all my i-remedies are combination remedies (like the Bach Rescue remedy), which are combinations of flower and/or gem essences. These are focused to do a particular task (whether on the love, spiritual, mental, emotional or physical levels, or some combination of these) so that they have more power. This is similar to the way the focused light of a laser has more power. In string theory, the Universe has 27 dimensions, 11 of one type and 16 of another. In fact it is 12 and 16 making 28 dimensions. So I dimensionalise many of my i-remedies to make them interact with matter on its higher levels. This further enhances their powers.

People often ask me what my i-remedies are made of and when I say the patterns of flowers, minerals and crystals imprinted into water by sunlight, it sounds a bit lame! But there is much more to this than meets the eye. Consciousness (love, spirit, the life force) comes from God and is the creative force behind the Universe. I use flowers from medicinal herbs and unusual minerals and crystals, which have important healing properties. So my i-remedies are completely natural. This is a new science and a new technology, and it is more powerful than you might think because it contains the essence of life itself.

Thus my i-remedies consist of the natural vibrations/patterns of spirit in doubly distilled water (sometimes brandy is added as a preservative). So they are completely non-toxic. They are very gentle and self-adjusting and do not have side-effects like drugs, although they may produce healing reactions. The gentle nature of my i-remedies means one often needs a number of i-remedies to cure incurable disease.

### **EBV and Lyme**

When I caught glandular fever (mononucleosis) in the autumn of 2008, I focused on eliminating the Epstein Barr virus. I had all this knowledge and experience, and a lot more behind my work. It was still difficult, but possible and I cured myself. Later I caught H1N1 and cured myself - that was fairly easy.

God in His wisdom has given me Lyme disease four times. One time with a Coxsackie virus, twice from a tick bite, and also drug-resistant or chronic Lyme. I thus have considerable practical experience of Lyme, and this has helped me develop the i-treatment. Thus my work is based not just on the theory above, but also on experiment. It is the combination of the two which gives the power.

### **Conclusions**

There is a revolutionary link-up between physics and life coming and quantum entropathy is the first technology to be developed based upon this new knowledge. This is why the i-treatments against EBV, H1N1 and Lyme are possible. They enable people get their lives back.